

DR. SHANE D. DRAPER
DR. QUINN D. LINDSTROM
FOOT AND ANKLE SPECIALIST



PREOP INSTRUCTIONS FOR YOUR SURGERY

- **Please do not have anything to eat or drink after midnight on the day of your surgery. We ask that you do not smoke, chew tobacco or chew gum after midnight as well. By doing this, you are less likely to get sick during or after surgery.**
- **If you are taking blood pressure medications, thyroid medication or stomach medication, you can take them in the morning before surgery with sips of water.**
- **If you have diabetes and are taking insulin or oral medications, do not take them before your surgery.**
- **Wear something comfortable and easy to remove at the surgery center. They will have you change into a patient gown before surgery.**
- **Please leave your jewelry and valuables at home.**
- **Make sure you have someone to accompany you and pick you up after the surgery. You will be receiving medications that will impair your judgment; therefore you will be unable to drive.**
- **There are some documents that will need to be filled out and signed before your surgery. They will also need a copy of your insurance card and your drivers' license. You can go to the surgery center at any time before the scheduled date and complete the necessary paperwork as well as have any questions answered that you may have. You may also call with any questions.**
- **If you have any questions for Dr. Draper, please contact LeeAnn at 738-1100.**

You need to arrive at

